



# HOUSE of REPRESENTATIVES

## STATE OF MICHIGAN

### Appropriations Requests for Legislatively Directed Spending Items

---

1. The sponsoring representative's first name:  
Kathy
2. The sponsoring representative's last name:  
Schmaltz
3. The cosponsoring representatives' names. All cosponsors must be listed. If none, please type 'n/a.' A signed letter from the sponsor approving the co-sponsorship and a signed letter from the member wishing to co-sponsor are required. Attach letters at question #9 below.  
Rep. Meerman, Rep. DeBoer, Rep. Phil Green, Rep. VanWoerkom, Rep. Johnsen, Rep. VanderWall, Rep. Pavlov, Rep. Price, Rep. Glanville, Rep. Snyder, Rep. Fitzgerald, Sen. Victory, Sen. Huizenga, Sen. Outman
4. Name of the entity that the spending item is intended for:  
Mosaic Counseling
5. Physical address of the entity that the spending item is intended for:  
1703 S. Despelder St., Grand Haven, MI 49417
6. If there is not a specific recipient, the intended location of the project or activity:  
Ottawa, Kent, Muskegon, Jackson, and Washtenaw Counties
7. Name of the representative and the district number where the legislatively directed spending item is located:  
Kathy Schmaltz — District 46, Jason Morgan — District 23 Reggie Miller — District 31 Jimmie Wilson Jr — District 32 Morgan Foreman — District 33 Sarah Lightner — District 45 Carrie Rheingans — District 47 Jennifer Conlin — District 48 Gina Johnsen — District 78 Angela Rigas — District 79 Phil Skaggs — District 80 Stephen Wooden — District 81 Kristian Grant — District 82 John Fitzgerald — District 83 Carol Glanville — District 84 Bradley Slagh — District 85 Nancy DeBoer — District 86 Will Snyder — District 87 Greg VanWoerkom — District 88 Luke Meerman — District 89 Bryan Posthumus — District 90 Pat Outman — District 91

8. Purpose of the legislatively directed spending item. Please include how it provides a public benefit and why it is an appropriate use of taxpayer funding. Please also demonstrate that the item does not violate Article IV, S 30 of the Michigan Constitution.

Mosaic Counseling, a nonprofit founded in 1978, provides accessible and affordable professional counseling to youth and adults, regardless of insurance status, thus addressing the gap in mental health services, specifically targeting the "missing middle"—clients with mild to moderate mental health needs who are:

- Experiencing long wait times or being told there is no capacity at CCBHCs or CMHs.
- Being discharged without an adequate outpatient plan, leaving them vulnerable and repeating a cycle of inpatient care or heightened mental health needs and leading to crisis care or suicide.
- Ineligible for CCBHC or CMH services because they are “mild to moderate” and not suffering from “severe and persistent” mental health distress, but still in need of affordable and accessible care. Additionally, ineligibility may also be due to being insured (possibly with a high deductible) or uninsured.

For decades, Mosaic Counseling has been the safety net for youth and adults with mild to moderate mental health issues, regardless of insurance status or waitlists. Utilizing a unique model, Mosaic contracts with therapists that are in private practice that lower their rates to Mosaic. Mosaic’s lowest co-pay is \$6 per therapy session. A client can be matched to a therapist that is right for them and may either use their insurance or a co-pay that they can afford. Currently, Mosaic does not turn anyone away. The more resources spent on the “missing middle” or mild to moderate/outpatient care will not only save millions of dollars but will improve the lives of Michigan citizens.

Mosaic has a model that utilizes an expansive panel of therapists that are in private practice, unlike other mental health agencies whose therapists are on staff. This model makes Mosaic very versatile and able to vet/add therapists to the Mosaic panel from anywhere in Michigan. Mosaic Counseling can build strong partnerships with individual CMH offices, creating a dependable pathway for mild-to-moderate clients, enabling CMHs to focus on high-need cases, and fostering a collaborative network that improves care access across the several counties.

Mosaic is ready to begin a pilot expansion in Ottawa, Kent, Muskegon, Jackson, and Washtenaw Counties with high wait times or significant numbers of clients needing follow-up outpatient care. This will allow the state to evaluate Mosaic’s effectiveness in real time, with the potential to scale the partnership when successful. A well-defined, measurable pilot expansion minimizes risk for the state and showcases Mosaic’s value. Through its statewide therapist network, Mosaic can deliver affordable, accessible care in a flexible, scalable way that addresses Michigan’s mental health crisis, ensuring that those who currently fall through the cracks get the care they need.

9. Attach documents here if needed:

Attachments added to the end of this file.

10. The amount of state funding requested for the legislatively directed spending item.

1500000

11. Has the legislatively directed spending item previously received any of the following types of funding? Check all that apply.

["State", "Private", "Local"]

12. Please select one of the following groups that describes the entity requesting the legislatively directed spending item:

Non-profit organization

13. For a non-profit organization, has the organization been operating within Michigan for the preceding 36 months?

Yes

14. For a non-profit organization, has the entity had a physical office within Michigan for the preceding 12 months?

Yes

15. For a non-profit organization, does the organization have a board of directors?

Yes

16. For a non-profit organization, list all the active members on the organization's board of directors and any other officers. If this question is not applicable, please type 'n/a.'

Pamela VanderKamp, President. Christine Clover, Vice President. Dr. Jim Walters, Treasurer. Joe Kozakiewicz, Secretary. Michele Chaney, Claudia Berry, John Cherette, Dr. Raha Cherette-Mouzoon, Peggy Howard, Dr. Chelsea Klipfel, Jane Patterson, and Sholeh Veiseh.

17. "I certify that neither the sponsoring representative nor the sponsoring representative's staff or immediate family has a direct or indirect pecuniary interest in the legislatively directed spending item."

Yes, this is correct

18. Anticipated start and end dates for the legislatively directed spending item:

Anticipated start date is Q1 of 2026, anticipated completion of funds is Q4 of 2026.

19. "I hereby certify that all information provided in this request is true and accurate."

Yes

# About Mosaic Counseling

- Where you are seen, heard, valued & connected.



## Mosaic Counseling is grateful for every dollar! Here is where your donations go:

### Individual Counseling

We believe mental health services should not be a luxury. That's why we maximize every dollar **to ensure those seeking help can afford it.** Mosaic Counseling operates with a unique model: a small staff and a large panel of over 270 therapists, providing expansive capacity. This approach enables us to match clients with the Mosaic therapist best suited to their needs. Whether clients have insurance or not, our mission remains the same—to provide accessible and affordable professional counseling.

### School Outreach Program

Mosaic Counseling removes financial and transportation barriers for students by providing therapy directly at their schools or through teletherapy. During the 2023–2024 school year, Mosaic will provide free therapy to hundreds of students across West Michigan.

### Suicide Prevention Training (QPR: Question, Persuade, Refer)

Mosaic Counseling has certified trainers in QPR suicide prevention, an evidence-based program that has already trained over 10,000 people—half of them teenagers. This one-hour training teaches participants how to recognize when someone may be struggling, ask if they are suicidal, persuade them to seek professional help, and refer them to the appropriate resources. Mosaic offers FREE QPR trainings upon request.

### Employee Assistance Program (EAP)

Mosaic Counseling is an EAP provider for many area businesses, non-profits, and school districts. Beneficiaries receive a certain number of free counseling sessions per year and then seamlessly transitioned (always with the same therapist) to either their insurance or a sliding co-pay. Mosaic's EAP is local, confidential, and easy to use.

### Group Counseling

Mosaic offers various support groups. Please visit our website for a current list and schedule.

### Did You Know?

Mosaic Counseling turns every \$1 donated into more than \$3.00 in mental health services!

A \$1,000 donation will pay for a student to receive in-school or teletherapy for an entire school year.

Nearly 30% of our annual funding comes from various fundraisers. Mosaic Counseling has hosted many events, pulling the community together to support mental health services.

### Testimonials

*"We are extremely glad we used Mosaic Counseling to find a good fit for our child. Mosaic was incredibly professional and caring through the interview and placement process. There could not be a better fit in the counselor we were matched to - she is an absolutely perfect match for our child. Thank you for the important work you do. We are forever grateful."*

*"...I knew I needed someone to talk to ASAP. I called all over and no one had availability... Mosaic was on top of getting me in touch with a counselor right away and it has helped me so much in my journey."*



**Mosaic Counseling**

Where you are seen, heard, valued, and connected

# Employee Assistance Program

- Where you are seen, heard, valued & connected.



**Mosaic Counseling works with a panel of 270+ licensed professional therapists located in Ottawa, Muskegon, & Kent Counties. Our services are available six days a week, including evenings. If an employee is in crisis, they can access Mosaic for a same day intake and therapist referral. The expertise of Mosaic therapists covers every issue that an employee or their dependents may be experiencing.**

## Who We Are

Mosaic Counseling is a local nonprofit, as opposed to other EAP's that may be for-profit and whose administrative offices may be out of state. All Mosaic funding is utilized and stays in our service areas. We are the EAP provider for many local school districts, local nonprofits, organizations and large employers including Shape Corporation, R.A. Miller Industries, Resthaven, and others. **No organization is too small for an EAP.**

## What We Do

In addition to matching clients to available local therapist through the EAP, Mosaic Counseling is able to enhance your mental health culture by providing Suicide Prevention trainings, Lunch and Learn presentations, and support groups when requested. We are always accessible and able to help when YOU need it.

## Our Therapists Have Experience In:

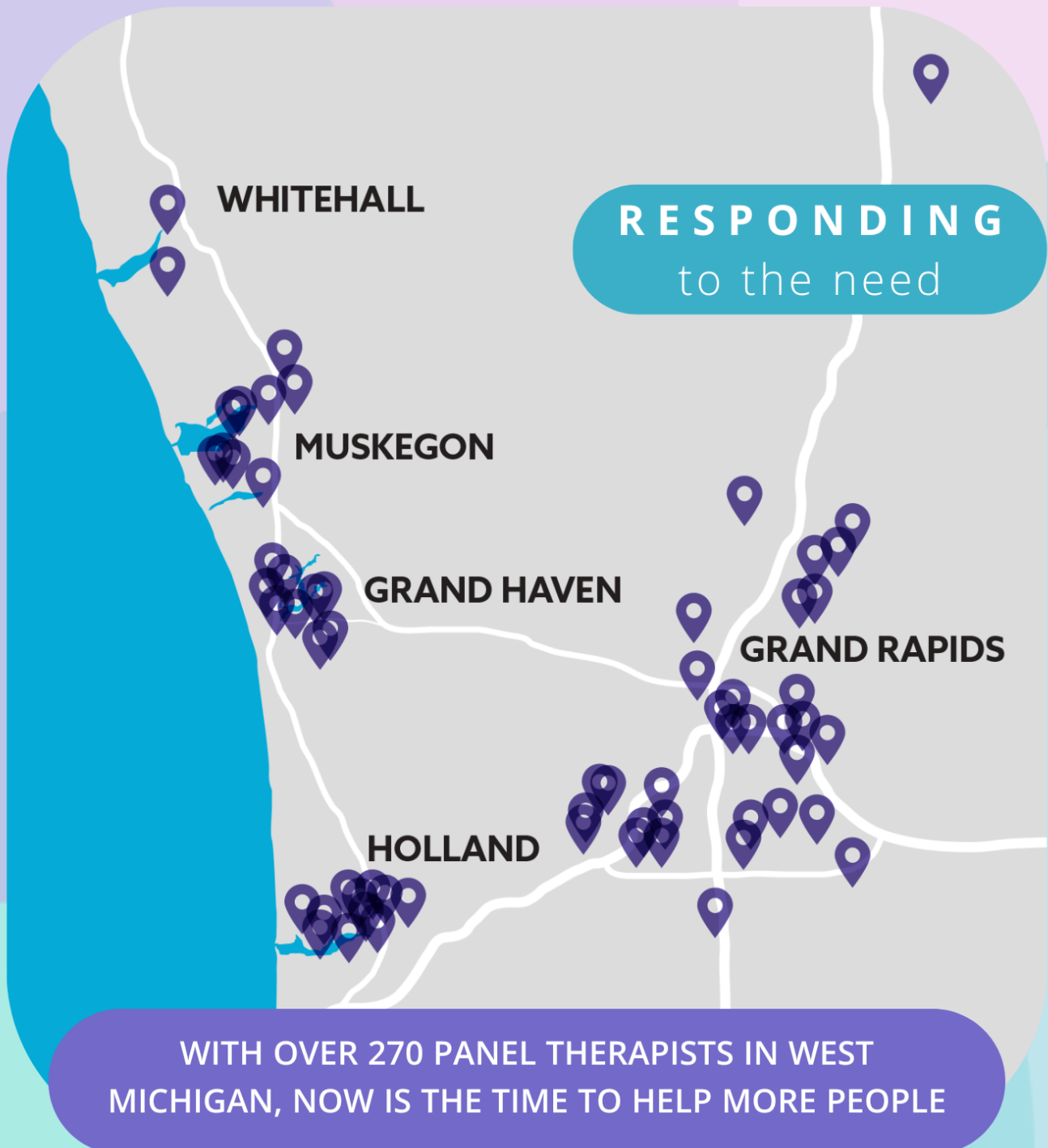
- ADD/ADHD
- Addictions
- Anger Management
- Anxiety/Depression
- Career Counseling
- Chronic Illness
- Crisis Response for businesses and schools
- Crisis Risk Assessments
- Dissociative Disorders
- Divorce Recovery
- Domestic Violence
- Eating Disorders
- Grief
- Marriage/Couples Counseling
- Mood Disorders
- Parenting
- Psychological Evaluations and Testing
- Self-Esteem
- Stress
- Substance Abuse
- Suicidal Ideation
- Teens
- Trauma
- Veterans' Issues
- And any other unique concern you may have



**Mosaic Counseling**

Where you are seen, heard, valued, and connected

# Mosaic Counseling's West Michigan Therapist Panel Is Expansive and Growing



# School Outreach Program

-Removing barriers to reach our community's children.



Mosaic Counseling's School Outreach Program is a vital and valuable resource for hundreds of students (K-12). We offer three (3) areas of service to our youth

## Individual Counseling

This program reaches students right in the schools for those who cannot afford counseling or for whom a lack of transportation to a therapist's office is a barrier. Teletherapy has been added in response to other challenges.

## Suicide Prevention Training

QPR (Question, Persuade, Refer) is a nationally recognized technique that teaches how to identify someone who may be struggling with mental health issues and how to help them.

## Crisis Assistance

In the unfortunate circumstance of a tragedy at school, we have therapists available to provide immediate support to students and staff.

## Frequently Asked Questions

**Q: How long have you offered this service?**

*A: Our School Outreach program started in 2012.*

**Q: How many schools are you currently serving?**

*A: We are in 32 schools in 7 districts in Ottawa County.*

## Current Districts Served

- Grand Haven Area Public Schools
- Holland Public Schools
- Kentwood Public Schools
- Spring Lake Public Schools
- Walden Green Montessori
- West Michigan Academy of Arts and Academics
- West Ottawa Public Schools

## What People Are Saying:

*When you put therapists in schools, they provide much more than just counseling. Making that service widely available teaches students that it's okay to talk about their mental health.*

ANDREA CAMPO

– SCHOOL OUTREACH THERAPIST



**Mosaic Counseling**

Where you are seen, heard, valued, and connected



# Suicide Prevention Training

- Asking the Right Questions Can Save a Life



**Question / Persuade / Refer (QPR) is a nationally recognized and evidence based proven technique.**

At a QPR Training Session you will learn, discuss and leave understanding, the signs of someone who might be living with a serious mental illness. QPR stands for Question, Persuade, and Refer; three (3) steps that anyone can learn to help prevent suicide. Just like CPR, QPR is an emergency response to someone in crisis or struggling with mental illness or life challenges. Mosaic has trained over 12,000 teens and adults in QPR at no cost to them.

## Suicide Statistics

- For every successful suicide, 25 more were attempted
- Suicide is the 2nd leading cause of death in persons between the ages of 15-34 years old
- Suicide is the 10th leading cause of death in the United States

## How to Schedule your Training

- Organize a group of 10-25 individuals who want to participate
- Call our office at 616.842.9160 to schedule a complimentary training time
- That's it! It's really that simple to organize a QPR training session

*"In my experience, the "R" or referral part of QPR is the hardest all across the country because of the difficulty accessing mental health services. I am impressed with the model of Mosaic and how they do not turn anyone away."*

- Dr. Paul Quinnett, Ph.D. Creator of QPR

## The QPR Method

### QUESTION

**Learn how to recognize the warning signs.**

### PERSUADE

**Learn how to respond and help.**

### REFER

**Learn how to refer them to local resources.**

## What People Are Saying

*The Community Foundation of the Holland/Zeeland Area recognizes that suicide is a growing public health epidemic deeply affecting our community. Thanks to Mosaic Counseling and their QPR suicide prevention training, our staff now have an improved understanding of common causes of suicidal behavior and are better equipped to recognize and respond to warning signs.*

**Lana Pierson – Community Foundation of Holland/Zeeland**



**Mosaic Counseling**

Where you are seen, heard, valued, and connected